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Shelly Ann Lau

Associate Vice President, Administrator of the Edward J. Healey Rehabilitation and Nursing Center



Shelly Ann Lau is the Associate Vice President of the Edward J. Healey Rehabilitation and Nursing Center, overseeing the 120-bed facility providing top-quality short-term and long-term rehabilitation and 24/7 skilled nursing care for eligible adult county residents. Prior to her promotion to Associate Vice President in September 2020, Ms. Lau was Executive Director since joining the Health Care District in 2017.

Previously, Ms. Lau worked at other local Skilled Nursing and Rehabilitation Centers in the role of Healthcare Administrator. She has over 16 years of experience in the financial, operations and employee and customer service for rehabilitation facilities.

Ms. Lau received her Bachelors of Arts in Health Administration from Florida Atlantic University in Fort Lauderdale, Florida.

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She has professional memberships with the Licensed Nursing Home Administrator & Preceptor and Florida Healthcare Association (FHCA). Ms. Lau also teaches pre-school at her church.

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