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C. L. Brumback Primary Care Clinics Earn National Recognition for Efforts to Improve Cardiovascular Health for Patients

The C. L. Brumback Primary Care Clinics have received three American Heart Association outpatient program awards in recognition for their commitment to reducing the risk of heart disease and stroke through improving high cholesterol, type 2 diabetes, and blood pressure management.

Nearly half of all adults in the U.S. have experienced some form of

cardiovascular disease – including heart attack, stroke and heart failure. Leading risk factors for cardiovascular disease include high cholesterol, type 2 diabetes, and uncontrolled high blood pressure, but through proper risk factor diagnosis and treatment, heart disease and stroke can be prevented or managed.

“We are proud to participate in this important initiative for our patients, many of whom have a high prevalence of diabetes, obesity and elevated cholesterol levels,” said Charmaine Chibar, MD, FAAP, Medical Director of the C. L. Brumback Primary Care Clinics. “Through our Federally Qualified Health Centers, we strive to provide high quality cardiovascular care for all patients, especially the underserved in our community.”

To improve quality of care and help people learn to manage their risk factors around high cholesterol, type 2 diabetes and/or blood pressure management, the C. L. Brumback Primary Care Clinics participate in the Check. Change. Control. Cholesterol™, Target: Type 2 DiabetesSM, and Target: BP™ programs. This year, the C. L. Brumback Primary Care Clinics received the following achievement awards:

- Check. Change. Control. Cholesterol™ (Gold)
- Target: Type 2 DiabetesSM (Participation)
- Target: BP™ (Silver) recognition from both the American Heart Association and the American Medical Association (AMA)

“The C. L. Brumback Primary Care Clinics are honored to be recognized by the American Heart Association for our dedication to helping our

patients have the resources to manage risk factors and hopefully reduce or avoid heart attacks, stroke and other preventable heart concerns,” said Darcy J. Davis, Chief Executive of the Health Care District of Palm Beach County, which operates the Brumback Clinics. “Programs like the ones that address the real-world problems of high blood pressure, high cholesterol and uncontrolled type 2 diabetes are necessary to improve health today and avoid larger problems for many patients tomorrow.”

“Addressing blood pressure management is key for better cardiovascular health – and critical today since heart disease and strokes continue to be a leading cause of death for Americans,” James Langabeer, Ph.D., FAHA, volunteer expert for the American Heart Association and Professor and Vice Chair of Emergency Medicine with McGovern Medical School at The University of Texas Health Science Center at Houston (UTHealth). “We are pleased to recognize the C. L. Brumback Primary Care Clinics for their commitment to managing the risk factors for patients around critical risk factors like high blood pressure, high cholesterol and type 2 diabetes.”



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About the Health Care District

The Health Care District of Palm Beach County provides primary medical care and dental services for adults and children at the C. L. Brumback Primary Care Clinics, a coordinated and lifesaving Trauma System that includes two FAA-certified Trauma Hawk air ambulances, registered nurses in nearly 170 public schools, short and long-term skilled nursing at the Edward J. Healey Rehabilitation and Nursing Center in Riviera Beach, and acute care at its teaching hospital, Lakeside Medical Center, which is accredited by The Joint Commission and serves the rural Glades' communities.

About the C. L. Brumback Primary Care Clinics

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number H80CS25684 for Health Center

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Cluster in the award amount of \$7,111,563. Of the total project, 81.9% is financed with nongovernmental sources. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government. The C. L. Brumback Primary Care Clinics were granted Federal Tort Claims Act (FTCA) deeming status effective January 1, 2021.

About Target: BPTM

Target: BP is a national collaboration between the AHA and the AMA aimed at reducing the number of Americans who suffer from heart attacks and strokes each year by urging physician practices, health systems and patients to prioritize BP control. The initiative aims to help health care organizations improve blood pressure control rates through use of AMA MAP BP™ evidence-based protocol, and recognizes organizations committed to improving blood pressure control.

About Check. Change. Control. Cholesterol™

The American Heart Association, the world's leading voluntary organization dedicated to building longer, healthier lives, created the Check. Change. Control. Cholesterol™ initiative with national support from Amgen to improve awareness, detection and management of high cholesterol for consumers, patients and health care professionals.

About Target: Type 2 Diabetes SM

The American Heart Association, the world's leading voluntary organization dedicated to building longer, healthier lives, created the Target: Type 2 Diabetes™ initiative as a part of the Know Diabetes by

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Heart™ effort to raise awareness and understanding of the link between diabetes and cardiovascular disease among patients, caregivers and health care professionals as well as empower patients and care givers to better manage risk factors.

The Target: Type 2 Diabetes program supports physicians and care teams by offering access to the latest research, tools and resources to provide the latest cardiovascular and type 2 diabetes management and treatment guidelines.

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Medical Executive Committee

Date: April 02, 2024

Location:

In-Person & Zoom Meeting - SEE MEETING DETAILS INCLUDED.

Lakeside Medical Center

39200 Hooker Highway

Belle Glade, FL 33430

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