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C. L. Brumback Primary Care Clinics Open New Clinic for Patients Suffering from Substance Use Disorders

Christina Madera says she was using heroin and cocaine for 20 years before medication-assisted treatment set her on the road to recovery. The self-employed 35-year old from Delray Beach says thanks to her commitment to therapy, she has been sober for six months. Madera is the first patient at the C. L. Brumback Primary Care Clinics' newest location, which serves patients with substance use disorders. The medical office officially opened its doors October 21, 2019 on the JFK Medical Center



North Campus at 2151 45th Street, Suite 204 in Mangonia Park.

"It's awesome. The atmosphere is nice and the people are amazing," Madera said.

For the past two

years, patients suffering from substance use disorders have been receiving medical treatment (including medication-assisted treatment), psychiatric care, behavioral health counseling and primary care services at the Brumback Clinics' Lantana site. Psychiatrist Courtney Rowling, MD, who is the Director of Behavioral Health for the Brumback Clinics, says the new site is larger with four exam rooms and will build on a successful outpatient model of care.

"We now have more community partnerships to help meet the need in our county for compassionate, integrated treatment for new patients with substance use disorders," said Dr. Rowling. "Our goal is to help treat the whole patient and stop the cycle of repeat overdoses."

Dr. Rowling says she is proud to be a part of a caring team of psychiatrists, primary care physicians, counselors specialized in treating addiction and other licensed professionals. Services include medication-

assisted treatment (Buprenorphine, Naltrexone and Vivitrol), individual and group therapy, psychiatric services, individualized care coordination, pharmacy services and links to other health and social service resources.

"Our new site is ready to provide evidence-based care to patients at different stages of treatment, even if they are not sure that they are ready," said Belma Andrić, MD, MPH, Chief Medical Officer, VP and Executive Director of Clinical Services for the Health Care District. "Patients with substance use disorders, including opioid and alcohol addiction, are treated to a one-stop-shop approach to meet their health care needs in one setting. We hope they choose to make the Brumback Clinics their medical home."

The Health Care District of Palm Beach County owns and operates the Brumback Clinics as Federally Qualified Health Centers, which serve all patients, regardless of their ability to pay, and offer a sliding fee scale. The Brumback Clinics provide medical, dental and behavioral health services for adults and children at locations throughout the county, along with a Mobile Health Clinic that offers medical and behavioral health services to the homeless and underserved.

Madera plans to return in a month for treatment and visit another Brumback Clinics' site for a dental appointment. She says she feels comfortable with the staff and appreciates the care she received.

"They have a sense of humor. I love it."

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To make an appointment, call 561-642-1000 or visit

www.brumbackclinics.org.

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Date: April 02, 2024

Location:

In-Person & Zoom Meeting - SEE MEETING DETAILS INCLUDED.

Lakeside Medical Center 39200 Hooker Highway Belle Glade, FL 33430

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