We understand that medical information about you and your health is confidential. We may use and disclose medical information about you in order to provide you with quality health care and services. We may also disclose this information in other situations described in this notice of privacy practices. We may also contact you to support the District’s mission of improving the health of our residents. You have the right to request that we restrict our uses and disclosures of your health information. If you agree, we will follow your request. Please keep in mind that you may ask us to restrict your health information, but we are not required to agree to your restriction. We will honor any restrictions requested by you if the restrictions do not require us to reveal information about you to federal officials. However, we may disclose your health information without your authorization to federal officials to protect you from a serious threat to health or safety.