



# Tobacco Free Facility

Our hospital is a “No Smoking” zone. There is no smoking or vaping in (or near) our hospital.

## Do you need help to quit smoking?

Quitting is good for your health. It helps your family too! Lakeside wants to help you. We have classes for employees, patients, and community members.

Our classes include:

- Free six-week "Quit Smoking NOW" classes in English and Spanish, taught by a professional trainer
- Counseling to help you reach your goal of becoming tobacco free
- Free nicotine replacement therapies (such as gum, patches and lozenges)

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nsday

Friday



We can help you to quit using tobacco.

For more information on our tobacco  
cessation programs, call 1-877-819-2357.

## Register Now:

FREE classes are available at Lakeside Medical Center. For more  
information, call us toll-free at: **(877) 819-2357**.

Lakeside Medical Center thanks the Florida Department of Health, the Lake  
Okeechobee Rural Health Network (LORHN) and the Everglades Area  
Health Education Center for their support of this program.



Contact Us

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Map & Directions



About Us

## Support

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## Compliance

**Compliance Hotline: 1-866-633-7233**

[Compliance Page](#)

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